

Newsletter November 2023

Spring Grove Residents' Association

http://www.sgra-isleworth.org mail to: admin@sgra-isleworth.org



To all our members we wish you happiness, health and fun with all your family during the holiday season

NEW YEAR GET TOGETHER

Come and join your friends, neighbours, Committee members and guests at The Milford Arms on Wednesday, 17th January 2024 from 8:00 pm.

We have decided to hold our social event in the New Year as it has become increasingly difficult to secure a date before Christmas when members will be available.

December seems to be a busy month for everyone. Also we think it's nice to have something to look forward to in dreary January.

A buffet featuring hot and cold snacks (including vegetarian options) will be provided at the cost of £10 per person; drinks can be purchased at the bar. There will also be a free raffle.

As we need some idea of numbers please confirm your interest in attending, or if you want further information, contact Sandra Hunkin on **020 8847 2696** or by email to **sandra@sandra15.plus.com**

We hope to see you and your family there to celebrate with us.

The Committee would like to extend their grateful thanks to Natalie and Stuart of The Milford Arms for their hospitality during 2023. They have provided a free venue for SGRA to conduct our meetings.





EVENTS AT THE ARTS CENTRE HOUNSLOW

The Arts Centre, Hounslow is a multifaceted cultural space located in the heart of Hounslow at The Treaty Shopping Centre.

Founded by Philip Ryder & Jonathan Ashby-Rock in 2015 originally simply a theatre, it has expanded since establishment to better serve the needs of diverse local groups and cultural activities. These include; theatrical performances, foreign language cinema screenings, dance and fitness classes. As well as an all year-round community gallery for local artists of all abilities to freely exhibit work. It also host community support sessions such as Hounslow's Wellbeing Network, Saathi Women's Group and Speak Out in Hounslow. Call 020 7947 9263 for more information.





Crochet and Chat

For people to come along and learn how to crochet for the first time or pick up where you left off and continue to develop your skills! This group is for all abilities, where everyone can crochet at their own pace!

The Arts Centre Hounslow

First Floor, Treaty Centre, High Street Hounslow TW3 IES United Kingdom

Sat 02/12/2023 2:30pm - 4:00pm Sat 09/12/2023 2:30pm - 4:00pm Sat 16/12/2023 2:30pm - 4:00pm

Sat 23/12/2023 2:30pm - 4:00pm Sat 30/12/2023 2:30pm - 4:00pm



Let's Connect Coffee and a Chat, Hounslow

For people to sit, relax and chat over a hot drink with fellow members and staff in a safe environment. Tea, Coffee, hot chocolate and biscuits available!

The Arts Centre Hounslow

First Floor, Treaty Centre, High Street Hounslow TW3 1ES

Thu 07/12/2023 11:00am - 1:00pm Thu 14/12/2023 11:00am - 1:00pm Thu 21/12/2023 11:00am - 1:00pm Thu 28/12/2023 11:00am - 1:00pm







Beginners Dance with Daisy

For people to engage in a morning of movement with a gentle yet fun dance class to get our bodies moving for our health and our mind! All abilities welcome!

The Loft Hounslow

Second Floor, Treaty Centre, High Street Hounslow TW31ES United Kingdom

Wed 06/12/2023 10:00am - 10:45am Wed 13/12/2023 10:00am - 10:45am Wed 20/12/2023 10:00am - 10:45am Wed 27/12/2023 10:00am - 10:45am